

FOR IMMEDIATE RELEASE

### **Author Angela Bushman Unveils New Book About Awakening**

**Honolulu, Hawaii** – After a year in production, Angela Bushman of Oahu is now unveiling her highly anticipated *A Soul's Journey Home: Returning to Love*, which is the mesmerizing, personal account of inspiration, transformation, and a quest for an authentic life.

According to colleague and friend Jamie Brightlynn, Bushman's story is one that carries real impact. "I like the way the story goes; it hits most people."

"Angela was a typical, suburban housewife doing what was expected of her. Nothing was really wrong on the surface, but there was something off. There was no crisis, and yet there was depression. This is a woman who made a radical choice to transform something inside of her. She decided to follow her instincts and choose real change, when everything on the outside looked good. That's amazing."

Bushman's story is a simple one that stands out as a truthful gem. Married with children, she was positioned with financial security, a beautiful home, and a successful role in her community, but inside she knew something was amiss. One revelation led to another, and before she knew it, she was on a journey she could never have imagined.

*A Soul's Journey Home: Returning to Love* is more than a personal rendition of a passage through divorce and awakening; it is the riveting, universal story of a woman's discovery. It is also a touching narrative about the way pain and illumination of awakening can gradually transform the contemporary role of motherhood in miraculous, unexpected ways.

At once deeply intimate and also refreshingly objective, the book takes the reader on a path that illustrates the importance of strangers, the value of family, and the sacred remarkable influence of geography on one's inner life; the story is not to be missed.

**A Soul's Journey Home: Returning to Love**

**Available November 2012**